

## *Help us preserve our environment!*

Join us and practice Sustainable Tourism! Flamingo Beach Resort & Spa is part of a state sustainable tourism program called CST. CST categorizes hotels according to their level of environmental, economic, and social sustainability. To learn more about the CST evaluation process and what we do here at the hotel please refer to our Manual in the Guest Services Handbook.

## *How you can help...*

*Please take into consideration the following suggestions that will help us reach this important goal.*

### *Save Water*

- When possible, please reuse your towels.
- Place this card on your pillow if you would like to reuse your bed linens.
- Report any water leaks or running faucets to reception by dialing "0" on your phone.
- Turn off the tap while brushing your teeth to save water.

### *Save Energy*

- When not in your room, turn off the lights and the air-conditioning units.
- Keep the doors closed when the air-conditioning is on.
- Avoid turning on lights during the day, instead utilize natural lights by opening your curtains.
- Unplug your electronic devices when not in use.

### *Reduce, Reuse, Recycle*

- Use the proper receptacles for your waste.
- Any garbage in your room will be separated properly by the housekeeping staff.
- Reduce the amount of bottled water you purchase, the water here at the hotel is drinkable.

### *Flora and Fauna*

- Visit our National Parks to truly enjoy Costa Rica's natural beauty.
- Please do not feed wild animals, even the iguanas and birds!
- While in National Parks, keep on the marked paths and do not litter.
- Do not participate in the commercialization of endangered species.